

Scottish 10 Mile Road Championships Individual Medallists (Women)

Scottish Athletics Federation/Scottish Athletics Limited

30/03/2025	Motherwell	Annabel Simpson	Fife AC	56:19	Nynke Mullholland	Inverclyde AC	59:20	Emile McNicol	Law & District AC	59:21
31/03/2024	Motherwell	Annabel Simpson	University of West of Scotland	54:35	Virginie Barrand	Metro Aberdeen RC	55:49	Sarah Green	Gala H	58:46
02/04/2023	Motherwell	Natasha Phillips	Dundee Hawkhill H	54.48	Virginie Barrand	Metro Aberdeen RC	54.58	Naomi Lang	Carnethie HRC	56.48
03/04/2022	Motherwell	Annabel Simpson	University of West of Scotland	54.11	Fionnuala Ross	Shettleston H	56.36	Virginnie Barrand	Metro Aberdeen RC	57.53
2021	No Championship due to Covid-19 pandemic									
2020										
01/04/2019	Motherwell	Sarah Inglis	Lothian RC	55.34	Mhairi MacIennan	Inverness H	56.30	Annabel Simpson	Fife AC	57.52
31/03/2018	Motherwell	Elspeth Curran	Kilbarchan AAC	56.00	Fiona Brian	Aberdeen Metro RC	56.35	Avril Mason	Shettleston H	57.03
02/04/2017	Motherwell	Katie White	Garscube H	58.20	Nicola Gould	Aberdeen AAC	58.46	Jill Smylie	Giffnock North AAC	62.47
10/04/2016	Motherwell	Fionnuala Ross	Shettleston H	55.50	Jenny Bannerman	Inverness H	58.42	Sheena Logan	Fife AC	60.11
04/04/2015	Motherwell	Megan Crawford	Fife AC	56.48	Gemma Rankin	Kilbarchan AAC	58.07	Lyndsay Morrison	Central AC	60.33
13/04/2014	Carlisle	Lisa Finlay	Dumfries RC	62.40	Jessica Oliver-Bell	Shettleston H	63.16	Avril Mason	Shettleston H	63.32
07/04/2013	Motherwell	Fiona Mathieson	Falkirk Victoria H	58.08	Josia Zakrzewski	Dumfries RC	58.20	Jennifer Emsley	Central AC	58.26
08/04/2012	Motherwell	Gemma Rankin	Kilbarchan AAC	57.45	Jennifer MacLean	Edinburgh AC	58.54	Fiona Mathieson	Falkirk Victoria H	59.43
10/04/2011	Motherwell	Gemma Rankin	Kilbarchan AAC	60.08	Megan Crawford	Fife AC	62.13	Carol Setchel	Shettleston H	63.35

The Championship was discontinued until 2011

10/04/1994	Motherwell	Elaine McBrinn	Shettleston Ladies H	58.16	Bernadette O'Neill	Giffnock North AC	60.32	Susan Addison	Edinburgh AC	60.47
19/09/1993	Inverness	Sandra Branney	City of Glasgow	58.50	Elaine Mackay	Shettleston Ladies H	63.05	Julie Harvey	Shettleston Ladies H	63.46

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30/03/2025	Motherwell	Yvonne McNairn	Giffnock North AC	01:02:39	Katy Barden	Gala H	1:03:39	Katrine Kelly	Kilmarnock H	1:04:47
02/04/2023	Motherwell	Sara Green	Gala H	58:47	Sarah Atwood	Highland Hill Runners	1:02:48	Claire Heasman	Helensburgh AC	1:03:47
02/04/2023	Motherwell	Sara Green	Gala H	56.59	Michelle Sandison	Springburn H	61.25	Jill Smylie	Giffnock North AC	63.13
03/04/2022	Motherwell	Lesley Bell	Garscube H	59.10	Jacqueline Rainger	Edinburgh AC	62.51	Kirstin Lownie	PH Racing Club	64.07
2021	No Championship due to Covid-19 pandemic									
2020										
01/04/2019	Motherwell	Fiona Matheson	Falkirk Victoria H	61.44	Lindsey Currie	Dumbarton AC	62.51	Claire Thompson	VP City of Glasgow	63.01
31/03/2018	Motherwell	Avril Mason	Shettleston H	57.03	Lindsey Currie	Dumbarton AAC	63.27	Karen Kennedy	PH Racing Club	64.15
02/04/2017	Motherwell	Lindsey Currie	Dumbarton AAC	63.36	Mary McCutcheon	Giffnock North AAC	64.38	Louise Ross	Bellahouston RR	64.58
10/04/2016	Motherwell	Lisa Finlay	Dumfries RC	61.06	Avril Mason	Shettleston H	61.07	Mary McCutcheon	Giffnock North AAC	64.19
04/04/2015	Motherwell	Avril Mason	Shettleston H	61.06	Gillian Sangster	Dundee RR	63.08	Lindsay Currie	Dumbarton AAC	63.39
13/04/2014	Carlisle	Lisa Finlay	Dumfries RC	62.40	Gillian Sangster	Dundee RR	66.03	Lindsay Currie	Dumbarton AAC	68.05
07/04/2013	Motherwell	Fiona Mathieson	Falkirk Victoria H	58.08	Josia Zakrzewski	Dumfries RC	58.20	Jill Knowles	Scottish Prison S	60.38
08/04/2012	Motherwell	Jennifer MacLean	Edinburgh AC	58.54	Fiona Mathieson	Falkirk Victoria H	59.43	Laura McGarrity	Troon T	65.38
10/04/2011	Motherwell	Claire McCracken	VP City of Glasgow	64.12	Claire Thompson	VP City of Glasgow	69.08	Julie Gordon	Inverclyde AAC	70.01

The Championship was discontinued until 2011

19/09/1993	Inverness	Sandra Branney	City of Glasgow	58.50						
10/04/1994	Motherwell	Helen Morton	Irvine AC	61.48		Clare Heasman				

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Masters O50
First Championship 2019

30/03/2025	Motherwell	Lisa Finlay	Dunfries RC	1:02:48	Avril Mason	Shettleston H	1:04:47	Pamela Baillie	Gala H	1:05:28
31/03/2024	Motherwell	Mary Senior	Garscube H	1:05:44	Deborah Gray	Bellahouston RR	1:06:49	Janet Dunbar	Edinburgh AC	1:10:31
02/04/2023	Motherwell	Mary Senior	Garscube H	65.13	Julie Menzies	PH Racing Club	66.36	Janet Dunbar	Edinburgh AC	67.44
03/04/2022	Motherwell	Ana Richardson	Westend RR	69.23	Deborah Gray	Bellahouston RR	69.44	Claire Wharton	Bellahouston RR	69.49
2021	No Championship due to Covid-19 pandemic									
2020										
31/03/2019	Motherwell	Pamela McCrossan	Clydesdale H	67.52	Karen Dobbie	Edinburgh AC	70.35	Claire McCormick	Bellahouston H	70.59

Masters O60
First Championship 2019

30/03/2025	Motherwell	Joy Gudgin	Carnegie H	1:15:08	Erica Christie	Cambuslang H	1:18:53	isobel Burnett	Carnegie H	1:19:23
31/03/2024	Motherwell	Pauline Henderson	Bellahouston H	1:16:28	Erica Christie	Cambuslang H	1:18:22	Margaret Martin	Fife AC	1:21:08
02/04/2023	Motherwell	Erica Christie	Cambuslang H	77.16	Anne MacFarlane	Dumfries RC	79.19	Maureen Dickson	Dumfries RC	85.52
03/04/2022	Motherwell	Jennifer Jackson	Irvine AC	74.32	Kathryn Scott	Garscube H	74.44	Erica Christie	Cambuslang H	76.37
2021	No Championship due to Covid-19 pandemic									
2020										
31/03/2019	Motherwell	Frances Wood	Linlithgow AC	79.35	Maria Dale	Perth RR	84.25	Morna Fleming	Pitreavie AAC	91.10